



Central Oregon & Gorge
Summit to Reduce Rx Abuse
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Dwight Holton Chief Executive Officer Lines for Life
(971) 244-1371 DwightH@LinesforLife.org

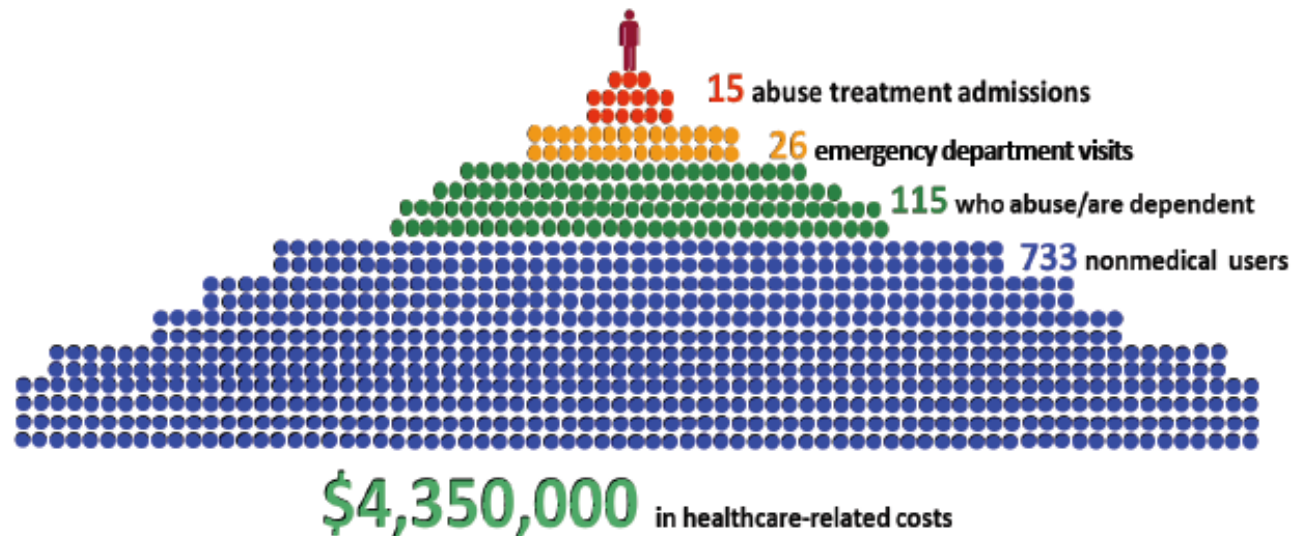
The Oregon Epidemic



- 15,000+ people die from Rx overdose every year
 - One death every 35 minutes
 - Nearly one death every other day in Oregon
- Oregon ranked second in the United States during 2012 and 2013 for reported use of non-medical pain relievers by people ages 12 or older (2012-2013 NSDUH)
- Over 3 million opioid prescriptions in 2013 (54% of all Rx) (OHA Injury and Violence Prevention Fact Sheet)
 - 1.88 M hydrocodone
 - 1.15 M oxycodone
- Over 100 million opioid pills every year

Overdose deaths are the tip of the iceberg

For every **1** prescription opioid overdose death in 2010 there were...



SAMHSA NSDUH, DAWN, TEDS data sets.

Coalition Against Insurance Fraud. Prescription for Peril. <http://www.insurancefraud.org/downloads/drugDiversion.pdf> 2007.

Prescription Rates Across Oregon 2013



County	All Opioids	Oxycodone	HydroC.	Benzo+Opiod
Statewide	234.3	86.1	172.6	54.0
Crook	284.2	92.4	227.4	56.1
Deschutes	249.9	84.2	193.7	53.4
Hood River	179.6	57.0	135.1	29.5
Jefferson	262.3	80.5	213.9	44.3
Wasco	229.3	76.1	174.5	41.0
Clatsop	278.8	127.7	189.5	51.4
Curry	292.4	66.4	245.6	66.8
Josephine	293.6	96.6	223.2	68.1

OrCRM's CORE ELEMENTS



REDUCING PILLS IN CIRCULATION

- ✓ Better prescribing practices
- ✓ Better use of Prescription Drug Monitoring Program (PDMP)
- ✓ Better provider education

REDUCING THE VOLUME OF PILLS

- ✓ Better disposal of unused meds

EXPANDING ACCESS TO TREATMENT

- ✓ Better access to therapies to treat opioid use disorders
- ✓ Better distribution of Naloxone to reduce number of overdose deaths

EDUCATING THE PUBLIC ABOUT THE PROBLEM

- ✓ Better understanding of the risks & dangers of Rx



Plan for the Day



- Plenary
 - Changing Paradigms
 - State of the State and Region
- Decreasing Pills: Building a Consensus on Chronic Pain and Opioid Management
- Work sessions
 - Reducing Pills in Circulation
 - Prevention through Public, Patient *and* Provider Education
 - Better Disposal of Unwanted and Disused Pills
 - Improved Access to Treatment and Naloxone



- Themes throughout:
 - System practices
 - Reimbursement strategies
 - Workforce issues
 - Integration with primary care
 - Chronic disease approach
 - Public, patient & provider education
- Instigate *not* Educate
- Mission: Action Plan
 - Identify barriers
 - Brainstorm Solutions
- Complement Excellent Work Underway in Central Oregon and the Gorge