Women and their children’s health can be affected by emotional problems, alcohol, tobacco, other drug use and violence. Women and their children’s health are also affected when these same problems are present in people who are close to them. Alcohol includes beer, wine, wine coolers, liquor and spirits. Tobacco products include cigarettes, cigars, snuff and chewing tobacco.

1. Have you smoked any cigarettes or used any tobacco products in the past three months? **Tobacco**
   - YES
   - NO

2. Did any of your parents have a problem with alcohol or other drug use? **Parents**
   - YES
   - NO

3. Do any of your friends have a problem with alcohol or other drug use? **Peers**
   - YES
   - NO

4. Does your partner have a problem with alcohol or other drug use? **Partner**
   - YES
   - NO

5. In the past, have you had difficulties in your life due to alcohol or other drugs, including prescription medications? **Past**
   - YES
   - NO

6. Check YES if she agrees with any of these statements.
   - In the past month, have you drunk any alcohol or used other drugs? **Present**
   - YES
   - NO

   - How many days per month do you drink? 
   - How many drinks on any given day? 
   - How often did you have 4 or more drinks per day in the last month? 

7. Over the last few weeks, has worry, anxiety, depression, or sadness made it difficult for you to do your work, get along with other people, or take care of things at home? **Emotional Health**
   - YES
   - NO

8. Are you feeling at all unsafe in any way in your relationship with your current partner? **Violence**
   - YES
   - NO

**Provider Use Only**

- Review risk.
- Refer to tobacco cessation program or addictions and recovery programs.
- Refer to domestic violence prevention.
- Refer to mental health program.
- Develop a follow-up plan with patient.

Moderate drinking for non-pregnant women is one drink per day. Women who are pregnant or planning to become pregnant should not use alcohol, tobacco, illicit drugs or prescription medication other than as prescribed.

Developed by the Institute for Health and Recovery (IHR), Massachusetts, February, 2007. Adapted by the Southern Oregon Perinatal Task Force in partnership with AllCare Health, Oregon, May 2013.