

# OPIOID WITHDRAWAL ATTENUATION COCKTAIL

## Acute Withdrawal

Clonidine 0.1mg QID x anticipated length of withdrawal. (Check BP and watch for hypotension.)

**Diarrhea:** Loperamide 4mg then 2mg QID. May have opioid effects at high doses.  
Alternatively, consider Hycoamine 0.125mg q 4-6 hrs PRN

**Myalgias:** Ibuprofen 400mg po QID or Acetaminophen 325mg po Q6hrs

**Anxiety:** Hydroxyzine 25mg po TID

**Insomnia:** Trazodone 50-100mg po QHS

**Nausea:** Ondansetron 8mg po BID x anticipated length of withdrawal. (Check QTc)

## Anticipated Withdrawal as a Part of a Planned Taper

**Anxiety:** Gabapentin Escalating Dose to 1200mg/day. Start loading one month prior to planned taper.

Clonidine 0.1mg QID x anticipated length of withdrawal. (Check BP and watch for hypotension.)

**Diarrhea:** Loperamide 4mg then 2mg QID

**Myalgias:** Ibuprofen 400mg po QID or Acetaminophen 325mg po Q6hrs

**Anxiety:** Hydroxyzine 25mg po TID

**Insomnia:** Trazodone 50-100mg po QHS

**Nausea:** Ondansetron 8mg po BID x anticipated length of withdrawal. (Check EKG for QTc interval)

*This information and other tools are available online at [www.oregonpainguidance.org/clinical-tools](http://www.oregonpainguidance.org/clinical-tools).*