

PEG-3: PAIN SCREENING TOOL

What number best describes your pain on average in the past week?

No Pain											Pain as bad as you can imagine
0	1	2	3	4	5	6	7	8	9	10	

What number best describes how, during the past week, pain has interfered with your enjoyment of life?

Does not interfere											Unable to carry on any activities
0	1	2	3	4	5	6	7	8	9	10	

What number best describes how, during the past week, pain has interfered with your general activity?

Does not interfere											Completely interferes
0	1	2	3	4	5	6	7	8	9	10	

To compute the PEG score, add the three responses to the questions above, then divide by three to get a final score out of 10.

Final Score

The final PEG score can mean very different things to different patients. The PEG score, like most other screening instruments, is most useful in tracking changes over time. The PEG score should decrease over time after therapy has begun.

Reference: Krebs, E.E., Lorenz, K.A., Blair, M.J., et al. (2009). Development and initial validation of the PEG, a three-item scale assessing pain intensity and interference. *Journal of General Internal Medicine*, 24: 733-738.

The PEG-3 and other tools are available online at www.oregonpainguidance.org/clinical-tools.