

## DSM-5 Criteria for Opioid Use Disorder\*

A problematic pattern of opioid use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12-month period:

**Check all that apply**

<input type="checkbox"/>	1. Opioids are often taken in larger amounts or over a longer period of time than was intended.
<input type="checkbox"/>	2. There is a persistent desire or unsuccessful efforts to cut down or control opioid use.
<input type="checkbox"/>	3. A great deal of time is spent in activities to obtain the opioid, use the opioid, or recover from its effects.
<input type="checkbox"/>	4. Craving, or a strong desire or urge to use opioids.
<input type="checkbox"/>	5. Recurrent opioid use resulting in a failure to fulfill major role obligations at work, school, or home.
<input type="checkbox"/>	6. Continued opioid use despite having persistent or recurrent social or interpersonal problems caused by or exacerbated by the effects of opioids.
<input type="checkbox"/>	7. Important social, occupational, or recreational activities are given up or reduced because of opioid use.
<input type="checkbox"/>	8. Recurrent opioid use in situations in which it is physically hazardous.
<input type="checkbox"/>	9. Continued opioid use despite knowledge of having a persistent or recurrent physical or psychological problem that's likely to have been caused or exacerbated by the substance.
<input type="checkbox"/>	10. Tolerance, as defined by either of the following: <ul style="list-style-type: none"> <li>a. A need for markedly increased amounts of opioids to achieve intoxication or desired effect</li> <li>b. A markedly diminished effect with continued use of the same amount of an opioid</li> </ul> <p><b>Note:</b> This criterion is not met for individuals taking opioids solely under appropriate medical supervision.</p>
<input type="checkbox"/>	11. Withdrawal, as manifested by either of the following: <ul style="list-style-type: none"> <li>a. The characteristic opioid withdrawal syndrome</li> <li>a. The same (or a closely related) substance is taken to relieve or avoid withdrawal symptoms</li> </ul> <p><b>Note:</b> This criterion is not met for individuals taking opioids solely under appropriate medical supervision.</p>
<b>Total number of symptoms:</b> _____	
<input type="checkbox"/> <b>Mild</b> = 2–3 symptoms <input type="checkbox"/> <b>Moderate</b> = 4–5 symptoms <input type="checkbox"/> <b>Severe</b> = 6 or more symptoms	

\*Criteria from American Psychiatric Association (2013) Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Washington, DC, American Psychiatric Association page 541.